PLTA CHALLENGE SCORESHEET

			Lla	ma Na	ame &	PLTA	Numl	oer		
Event Name										
Date										
Body Weight Course Points										
Course Points										
Saddle										
Panniers										
Load (% of body weight) Distance (miles)										
Distance (miles)										
Elevation Gain (feet)										
Obstacle Points										
Total Delicate										
Total Points: Point Awards										

Saddle: I point, Panniers: 2 points

Distance: 1 point per half mile

Elevation gained: 1 point per 125 feet

Simple obstacle: 1 point per obstacle
Complex obstacle: 2 points per obstacle

Load: 10% of body weight=1point, 11-15%=2 points, 16-20%=3

points, 21-25%=4 points. Maximum=25%

	Trail Master's Signature / Date:	
Phone:	<u> </u>	
 Email:		